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- not just a sentinel lymph node biopsy
- Women who were treated with [radiation](#)⁴ after surgery
- Women with excess weight
- Women with anxiety or depression

PMPS is less common than it once was because ALND is done less often.

Managing post-mastectomy pain syndrome (PMPS)

PMPS can keep you from being able to use your arm like you used to, but there are options to manage it.

Treatments

- Gabapentin – Medicine used to treat nerve pain
- Venlafaxine – Medicine used to treat symptoms that you might have with nerve pain, such as hot flashes

Surgical- UT q BT 1 0 0 1m 0 g 1 0 0 1 95.35 442.88 Tm 0 0 0 rg /GS54 g 4.5 Tf 0 0 0 rg /GS55 g

[integrative-medicine/complementary-and-alternative-methods-and-cancer.html](#)

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Our team is made up of doctors and oncology certified nurses with deep knowledge of cancer care as well as journalists, editors, and translators with extensive experience in medical writing.

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